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## The Culinatry Aasentures <br> of Tanya Stewart



Most Options Come with a Caribbean Flare!
The Tease!
Appetizers/Hors D'Oeuvres
Asparagus Wraps
Tomato and Mozzarella Bites
Assortment of Cheese Balls
Cod Fish Bites
Corn Beef Spread
Jerk Chicken Wings
Teriyaki Chicken Wings
Cocktail Beef Patties (Meat Pies)
Grilled Shrimp with Sweet Chili Sauce
Authentic Guacamole Dip
The Must Have to Fee[ Good About the Rest!
Salads
Tri-Color Cole Slaw
Corn And Asparagus Salad
Tomato Salad
Caesar Salad
Mixed Green Garden Salad
Carrot \& Raisin Salad
Pasta Salad
Tomato and Avocado Salad
Warm My Soul!

## Soups

Chicken
Minestrone
Lentil
Chicken and Sausage Gumbo
Tomato and Roasted Pepper
Seafood
Caribbean Pumpkin
Cream of Potato
Cream of Broccoli
Corn Chowder


Getting to the Meat of the Matter!
Entrées
Chicken
(Bake, Jerk, Curried, Brown Stew, BBQ...)
Boneless Chicken Breast in Champagne sauce
Chicken Marsala
Chicken with Lemon Caper
Turkey
Oven Roasted Turkey
Jerk Turkey Breast
Beef
Roast Beef
Tenderloin of Beef
Beef Stew
Curried Beef with Cabbage
Caribbean Oxtail Stew
Pork
Succulent Boneless Pork Loin
Pork Chops
Crown Roast of Pork
Jerk Pork
Roasted Fresh Leg of Pork
The Seafood Experience!
Red Snapper
(Escoviched, Steamed, Curried)
Tilapia Fillet
(Escoviched, Cajun, Baked and Served with Sweet Chili Sauce, Panco breaded)
Grouper Fillet
(Baked and Served with Lemon Caper Sauce or Sweet Chili Sauce)
Catfish Fillet
(Cajun)
Salmon
(Teriyaki, Jerked, Baked)
Shrimp
(Curried, Sautéed with Veggie, Garlic \& Wine Sauce, Etouffee, Scampi)


It's All about the Sides!
Accompaniments
Pasta (options!)
Rice (options!)
Potatoes (options!)
Veggies
(Sautéed, Grilled, Steamed, Fried...)
Parsnip Medley
Ultimate Bake beans
Baked Mac \& Cheese
Fried Plantains
Corn Bread
For Taste Budл that Can't Resist!
Dessert
Bread Pudding with Bourbon Sauce
Rum Cake
Sweet Potato Crème Brulee
Assortment of Cheese Cakes
Custards, Ice Cream, Sorbets, and Sherbets Uniquely Served
Apple Tart
Pies
Fresh Seasonal Berries and Chantilly cream

## How can we customize for you?



