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The Culinary Adventures of Tanya Stewart



Most Options Come with a Caribbean Flare!

The Tease!

Appetizers/Hors D'Oeuvres

Asparagus Wraps
Tomato and Mozzarella Bites
Assortment of Cheese Balls
Cod Fish Bites
Corn Beef Spread
Jerk Chicken Wings
Teriyaki Chicken Wings
Cocktail Beef Patties (Meat Pies)
Grilled Shrimp with Sweet Chili Sauce
Authentic Guacamole Dip

The Must Have to Feel Good About the Rest!

Salads

Tri-Color Cole Slaw
Corn And Asparagus Salad
Tomato Salad
Caesar Salad
Mixed Green Garden Salad
Carrot & Raisin Salad
Pasta Salad
Tomato and Avocado Salad

Warm My Soul!

Soups

Chicken

Minestrone

Lentil

Chicken and Sausage Gumbo

Tomato and Roasted Pepper

Seafood

Caribbean Pumpkin

Cream of Potato

Cream of Broccoli

Corn Chowder



Getting to the Meat of the Matter!

Entrées

Chicken

(Bake, Jerk, Curried, Brown Stew, BBQ...) Boneless Chicken Breast in Champagne sauce Chicken Marsala Chicken with Lemon Caper

Turkey

Oven Roasted Turkey Jerk Turkey Breast

Beef

Roast Beef
Tenderloin of Beef
Beef Stew
Curried Beef with Cabbage
Caribbean Oxtail Stew

Pork

Succulent Boneless Pork Loin
Pork Chops
Crown Roast of Pork
Jerk Pork
Roasted Fresh Leg of Pork

The Seafood Experience!

Red Snapper

(Escoviched, Steamed, Curried)

Tilapia Fillet

(Escoviched, Cajun, Baked and Served with Sweet Chili Sauce, Panco breaded)

Grouper Fillet

(Baked and Served with Lemon Caper Sauce or Sweet Chili Sauce)

Catfish Fillet

(Cajun)

Salmon

(Teriyaki, Jerked, Baked)

Shrimp

(Curried, Sautéed with Veggie, Garlic & Wine Sauce, Etouffee, Scampi)



It's All About the Sides!

Accompaniments

Pasta (options!)
Rice (options!)
Potatoes (options!)

Veggies

(Sautéed, Grilled, Steamed, Fried...)
Parsnip Medley
Ultimate Bake beans
Baked Mac & Cheese
Fried Plantains
Corn Bread

For Taste Buds that Can't Resist!

Dessert

Bread Pudding with Bourbon Sauce
Rum Cake
Sweet Potato Crème Brulee
Assortment of Cheese Cakes
Custards, Ice Cream, Sorbets, and Sherbets Uniquely Served
Apple Tart
Pies
Fresh Seasonal Berries and Chantilly cream

How can we customize for you?

